### **Sponsors**

Greenwich Department of Health
Greenwich Hospital
Health Net of the Northeast
Omnicron Capital, Inc
Stamford Community Health Center
Greenwich Family YMCA

# **Donors/Door Prizes**

American Heart Association
Anam Cara Irish Dance School
Attorney Phillip Berns
Attorney Barbara Shea
Bender Wellness Center
Bruce Museum
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Chuck's Steak House
Delmar Greenwich Harbor
Greenwich Coalition for Improving End of Life Care
Greenwich Health Association Hospice
Greenwich Department of Health: Lab
Greenwich Department of Health: Dental
Greenwich Hospital Hospice

George Weston Bakeries, Inc Hyatt Regency Greenwich Mohawk Mountain

Starbucks

Pathways

Pepsi-Cola Company

Rebuilding Together for Stamford / Greenwich Robin Ordan, Massage Therapist

The Russian American Horizons, Inc Stew Leonards

The Maritime Aquarium of Norwalk
US Alliance Federal Credit Union

Special thanks are given to Dr. Larry Leverett, Superintendent of Schools, Principal Don Strange and the staff of Western Middle School for providing the site for the 1<sup>st</sup> Greenwich Multicultural Health & Heritage Fair

### **Health & Heritage Fair Planning Committee Members**

Stephanie Paulmeno, Chairman, Greenwich Department of Health Silvia Hasselt, Greenwich Health at Greenwich Hospital Lyn Linz, Greenwich Health at Greenwich Hospital Lise Jameson, Family Centers Linda Conti, Greenwich Department of Health -Dental Jeannie Schnakenberg, Greenwich Department of Health - Dental Alice Melly, Liberation Programs, Inc. Ana Landry, People's Bank Bob Beckwith, Health Net Rene White, Advanced Health Professionals David Hernandez, Connecticut Light and Power Frances Goldberg, Community Representative Ingrid Gillespie, Lower Fairfield County Regional Action Council Jolanda Acevedo, Stamford Community Health Centers Julia Hobbie-Low, American Cancer Society Kate Thomson, Greenwich Family YMCA Lorene Highbridge, American Heart Association Migdalia Rodriguez, Sexual Assault and Crisis Education Center Nancy Brown, Community Development Block Grant Office Patricia Gallegos, Stamford Community Health Center Peggy Jimenez, Greenwich Chapter, American Red Cross Rosario Ordonez, Greenwich Department of Social Services Kathy Kligler, Greenwich Department of Social Services Ryuichiro Shima, Japan Education Center Samuel Deibler, Greenwich Commission on Aging Solange Gomez, Greenwich Department of Health Victoria Hackman, Community Representative Winston Robinson, Greenwich Housing Authority

This event has been organized and presented by the Access to Care Committee of the Greenwich Health Improvement Partnership. This is a coalition of public, private and municipal agencies and groups, as well as private citizens. Our mission is to improve access to health care and health care information for all the people of Greenwich regardless of age, ethnicity, citizenry, religion, race, or socioeconomic status. This voluntary partnership emerged following the Community Health Assessment conducted in 2003 by the Community Advisory Board of Greenwich Hospital

# Multicultural Health And Heritage Day Fair

# October 15, 2005 10 AM to 2 PM

Western Middle School Western Jr. Highway Greenwich, CT 06830

A project of the Access to Care Committee of the Greenwich Health Improvement Partnership

### Health & Social Services Exhibits

### Gymnasium or Art Room E-6

American Cancer Society
American Heart Association

American Red Cross: Greenwich Chapter

Audubon Center of Greenwich Bender Wellness Center

Boy Scouts of America: Greenwich

Child Guidance Center of Southern Connecticut

**Community Answers** 

Connecticut Department of Public Health Cos Cob Chiropractic: Dr. Amy O'Donnell Family Centers: Den for Grieving Kids

Family Centers: Early Childhood Education Programs

Family Centers: Friendly Connections Program

Family Centers: Head Start Program Family Centers: RITE Program Greenwich Chaplaincy Services

Greenwich Coalition to Combat Underage Drinking Greenwich Coalition for Improving End-of-Life Care

**Greenwich Commission on Aging** 

Greenwich Department of Health: Community Planning Office Greenwich Department of Health: Environmental Services

Greenwich Department of Health: Laboratory

Greenwich Department of Health: Family Services - Nursing

Greenwich Department of Social Services

Greenwich Emergency Medical Services (GEMS)

Greenwich Family YMCA
Greenwich Fire Department

Greenwich Hospital: Home Hospice Program Greenwich Hospital: Outpatient Center Greenwich Library: Health Information Center

**Greenwich Police Department** 

Health Net Kids in Crisis

**League of Women Voters** 

Liberation Programs, Inc / Greenwich Family and Youth Options

Literacy Volunteers - Stamford / Greenwich, Inc Lower Fairfield County Regional Action Council

Massage/Touch Therapy: Robin Ordan

**MATCH Coalition** 

**National Alliance for Mental Illness** 

National Kidney Foundation of Connecticut
Pain Management Practice: Gerald Weiss. M.D.

Pathways, Inc

Rebuilding Together of Stamford / Greenwich

**Russian American Horizons** 

**Sexual Assault and Crisis Education Center** 

Stamford Community Health Center United Way of Connecticut: Infoline 211

United Way of Greenwich

Witness Project

Japan Education Center Exhibit Room (In Art Room E-6)

(Those providing workshops, screenings and cultural exhibits in other rooms are listed in those locations on the brochure)

### Health Screenings in Designated Rooms

### **Human Development Room**

"KEEP: Kidney Early Evaluation Program"- CT National Kidney Foundation of America

### Art Room E-2

"Dental Screening Evaluations"- Greenwich Department of Health: Family Services Division

"Non-Fasting Cholesterol Testing" - Greenwich Health at Greenwich Hospital

"Sickle Cell Screening" - Southern Regional Sickle Cell Association. Inc

### **Gymnasium Screenings**

"Blood Pressure Testing" -1<sup>st</sup> Congregational Church

"Skin Analyzer" - American Cancer Society

"Posture Screenings" - Cos Cob Chiropractic

"Mammogram Scheduling"- Mobile Mammography Services of Stamford

"Postural Screening & Massage" - Bender Wellness Center





### Workshops: Music Room E 1

10 am-10:30 am: National Alliance for Mental Illness

presents - "Family to Family"

10:30 am-11:00 am: The Witness Project presents - Breast

Health, Screening Guidelines, & Self-Exams

11:15 am-11:45 am: Greenwich Health at Greenwich

Hospital presents - "Are you at Risk

For Diabetes?"

12 pm-12:45 pm: Immigration Attorney, Philip Berns,

presents - "Immigration Issues" in

Spanish (en Espanol)

1 pm-1:45 pm: Elder Law Attorney, Barbara Shea presents

"End of Life Issues, Living Wills, Advanced Health Care Directives"

### Cultural Enrichment/Entertainment

### **Auditorium**

10am-10:30am: Mr. Takeshi Asai

A talented Japanese pianist will perform

Japanese folk songs

10:40am-10:55am: The Russian American Horizons will

perform ballroom dancing

11:00am-11:30am: World On Stage

Award winning artist / performer

Pallavi Moorthy will perform dances of India

11:45am-12:00pm: Mercedes Singer Musician

Mercy Singer will perform Mexican

Ranchero and Mariachi Songs

12:10pm-12:40pm: Anam Cara Irish Dance School

Performers from the Anam Cara Irish Dance

School will demonstrate Irish dancing

12:45pm-1:15pm: The Russian American Horizons

Andre Svirideuko & Julia Zubova will

perform the Russian Salsa

1:30pm-2:00pm: Kavitanjali School of Dance

Student dancers from the Kavitanjali School of Dance will perform traditional dances

from India

### Off Stage Venues

11:00am-11:30am: Ministerios Bethania

Youths will demonstrate religious praise and worship through dance and movement

12:30pm-1:15pm: O-Tatsu Taiko

Japanese Drummers will provide a vibrant and lively outdoor drum performance

## Main Exhibit Room

Natalia Yvomita, a talented pianist, arranger and composer will perform background music on a piano keyboard.

Look for Krackles the Clown (Carol Kellogg) who will perform all day throughout the fair with face painting and balloon animal demonstrations!